

Scope and Sequence

Subject	Grade	9 Weeks	Estimated Time Frame
Movement	Kindergarten	All Year	Ongoing
TEKS / Student Expectations:		Examples / Specifications:	
K.1A Travel in different ways in a large group without bumping into others or falling.		K.1A Such as staying in personal space during tag games	
K.1B Demonstrate clear contrasts between slow and fast movement when traveling.		K.1B Such as a crawl versus a sprint; a bunny hop versus a power walk	
K.1C Demonstrate non-locomotor (axial) movements such as bend and stretch.		K.1C Such as a windmill and standing toe touch	
K.1D Maintain balance while bearing weight on a variety of body parts.		K.1D Activities such as balance beam, stork and tripod stand	
K.1E Walk forward and sideways the length of a beam without falling.		K.1E Such as using arms and maintaining a wide stance	
K.1F Demonstrate a variety of relationships such as under, over, behind, next to, through, right, left, up, down, forward, backward, and in front of.		K.1F Games such as the Over and Under Ball Relay	
K.1G Roll sideways (right or left) without hesitating.		K.1G Mat activities such as the log roll	
K.1H Toss a ball and catch it before it bounces twice.		K.1H Partner throwing activities such as “Butter Ball”	
K.2A Identify selected body parts such as head, back, hands, fingers, legs, knees, ankles, feet and toes.		K.2A Body part games such as “Body Part Tag”	
K.2.B Demonstrate movement forms of various body parts such as head flexion, extension, and rotation.		K.2B Such as various body twist and neck roll exercises	

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Language of Instruction:	Instructional Resources / Textbook Correlations:
<p>Locomotor- moving through space; walk, run, jump</p> <p>Non-locomotor- moving in self space; bend, reach, squeeze</p> <p>Manipulatives- object used to enhance movement and/or teach a skill; ball, rope, hoop, beanbag</p> <p>Butter Ball- a two handed catching and throwing game</p> <p>Body Part Tag- a fleeing and dodging activity; students tag different body parts ie- hand, elbow, knee</p> <p>Fundamental Movement – locomotor, non-locomotor, body and spatial awareness</p> <p>Manipulatives – ball, beanbags, ropes, balloons</p> <p>Rhythmic activities -creative movements to music, dance, pre-recorded activities, finger plays, singing games</p> <p>Balance /Stunts/Tumbling – animal movements, rolls</p> <p>Games/Sports – low -level games, chase and flee games, races</p>	<p>Coordinated School Health Program: <i>SPARK</i> – Healthy Lifestyle Choices (HLC)</p> <p>Dynamic Physical Education for Elementary School Children - Pangrazi</p> <p>Hooked on Fitness</p> <p>CATCH Box Activity Kit K-2</p> <p>Indoor Action Games for Elementary School Children by: Foster and Overholt</p> <p>Ready to Use P.E. Activities for Grades 3-4 by: Landy and Landy</p> <p>What are we doing in Gym today? by: Tillman and Toner</p> <p>Teaching Children Physical Education by: George Graham</p> <p>No Standing Around in My Gym by: Hughes</p> <p>Great Activities Newspaper-Kameya editor</p> <p>PE2theMax by: J.D. Hughes</p> <p>Never Play Leapfrog with a Unicorn by: Mehrhof, Ermler, Worrell, and Brewer</p> <p>Noodle Mania by: Chad Triolet</p> <p>Noodle Mania 2 by: Chad Triolet</p> <p><u>CDs</u></p> <p>Any Turkey Can Tango - Lee Campbell-Towell</p> <p>Lummi Sticks for Kids - Kimbo Educational</p> <p>Animal Walks - Kimbo Educational</p> <p>Do Re Mi on His Toe Leg Me – Jim Gill</p> <p>The Sneezing Song and Other Contagious Tunes – Jim Gill</p> <p>Physical Ed – The Learning Station</p>