

## **Health & Physical Education Web Resources**

Choose My Plate: <http://www.choosemyplate.gov/>

TAHPERD: <http://www.tahperd.org/>

Shape America (AAHPERD): <http://www.shapeamerica.org/>

American Heart Association: <http://www.heart.org/HEARTORG/>

American Lung Association: <http://www.lung.org/your-lungs/how-lungs-work/>

Texas Department of Agriculture: [www.squaremeals.org](http://www.squaremeals.org)

Fitnessgram: <http://www.fitnessgram.net/>

The President's Challenge: [www.presidentschallenge.org](http://www.presidentschallenge.org)

Physedgames.com: [www.physedgames.com](http://www.physedgames.com)

Marathon Kids: <http://www.marathonkids.org/>

Spark PE: <http://www.sparkpe.org/>

Healthy Lifestyle Choices Downloads: [http://www.hlconline.org/educators\\_downloads.html](http://www.hlconline.org/educators_downloads.html)

Texas Department of Agriculture: [www.squaremeals.org](http://www.squaremeals.org)

GoNoodle: <https://www.gonoodle.com/>

PE Central: <http://pecentral.com/>

PE Links 4 U: <http://www.pelinks4u.org/>

The Physical Educator: <http://www.thephysicaleducator.com/>

Health and PE Videos: [www.youtube.com](http://www.youtube.com)

Pinterest: <https://www.pinterest.com/>

Twitter: <https://twitter.com>

Spotify (Music): <https://www.spotify.com/us/>

Itunes (Music): <http://www.apple.com/itunes/?cid=OAS-US-DOMAINS-itunes.com>